

## Rosary Novena Prayer

[http://www.ewtn.com/devotionals/novena/ol\\_rosary.htm](http://www.ewtn.com/devotionals/novena/ol_rosary.htm)

My dearest Mother Mary, behold me, your child, in prayer at your feet. Accept this Holy Rosary, which I offer you in accordance with your requests at Fatima, as a proof of my tender love for you, for the intentions of the Sacred Heart of Jesus, in atonement for the offenses committed against your Immaculate Heart, and for this special favor which I earnestly request in my Rosary Novena: (*Mention your request*).

I beg you to present my petition to your Divine Son. If you will pray for me, I cannot be refused. I know, dearest Mother, that you want me to seek God's holy Will concerning my request. If what I ask for should not be granted, pray that I may receive that which will be of greater benefit to my soul.

I offer you this spiritual "Bouquet of Roses" because I love you. I put all my confidence in you, since your prayers before God are most powerful. For the greater glory of God and for the sake of Jesus, your loving Son, hear and grant my prayer. Sweet Heart of Mary, be my salvation.

## PRAYING THE HOLY ROSARY

**On the Crucifix: Apostles' Creed**

**Our Father**

**3 Hail Mary's** (*For the virtues of Faith, Hope and Charity*)

**Glory Be**

**On the Our Father bead, announce the Mystery and say the Prayer for that particular Mystery followed by the Our Father.**

**10 Hail Mary's (1 on each bead)**

**At the end of each Decade, say the Glory Be and the Fatima Prayer**

**Repeat until all 5 decades of the mystery have been said. Then say the closing prayers below.**

**"Hail Holy Queen" (SALVE REGINA):**

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God.

That we may be made worthy of the promises of Christ.

**Closing Prayer:**

O God, whose only begotten Son, by His life, death and resurrection has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries in the most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise; through the same Christ our Lord.

**Ending Prayer (for the dead):**

May the Divine Assistance remain always with us and may the souls of all the faithful departed, through the Mercy of God, rest in peace. Amen

**For the Intentions of the Holy Father**

1 Our Father, 1 Hail Mary, and 1 Glory Be.

## Joyful Mystery

**Monday and Saturday; Advent Sundays**

1. **Annunciation** - humility
2. **The Visitation** - charity towards others
3. **The Nativity** - detachment from the things of the world
4. **The Presentation** - obedience
5. **Finding Jesus in the Temple** - piety

## Sorrowful Mystery

**Tuesday and Friday; Sundays during Lent**

1. **The Agony in the Garden** - contrition for my sins and a uniformity with the will of God
2. **The Scourging at the Pillar** - purity
3. **The Crowning with Thorns** - moral courage
4. **The Carrying of the Cross** - patience
5. **The Crucifixion** - salvation and self-denial

## Glorious Mysteries

**Wednesday and Sunday**

1. **The Resurrection** - faith
2. **The Ascension** - hope and a desire for heaven
3. **The Descent of the Holy Spirit** - wisdom and love of God
4. **The Assumption of Mary** - eternal happiness
5. **The Coronation of the Blessed Virgin Mary** - devotion to Mary

## Luminous Mysteries

**Thursday**

1. **The Baptism of Jesus** - open to the Holy Spirit
2. **The Wedding at Cana** - obedience to the Lord's will/to Jesus through Mary
3. **Jesus' Proclamation of the Kingdom of God** - Trust in God / Repentance
4. **The Transfiguration** - desire for holiness
5. **The Institution of the Eucharist** - active participate at every Mass



## Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those most in need of Thy mercy.

## Peace Chaplet

<http://www.viarosa.com/VR/Peace/Mil-Pea-ce-Chaplet.html>

**On the crucifix:** sign of the cross and the Apostles Creed.

**For each group of 3 beads:**

Our Father  
Hail Mary  
Glory Be

Conclude with the sign of the cross



## Morning Offering

O my God, in union with the Immaculate Heart of Mary, I offer You the Precious Blood of Jesus from all the altars throughout the world.

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys, and sufferings, all that this day may bring, be they good or bad: for the love of God, for the conversion of sinners, and in reparation for all the sins committed against Your Sacred Heart and the Immaculate Heart of Mary.

O my Jesus, I desire today to gain every indulgence and merit I can and I offer them, together with myself, to Mary Immaculate, that she may best apply them in the interests of Your most Sacred Heart.

Precious Blood of Jesus, save us!  
Immaculate Heart of Mary, pray for us!  
Sacred Heart of Jesus, have mercy on us!

## Prayer to Offer Up Suffering

Dear Lord, Help me to remember in these troubled times  
The cross you carried for my sake,  
So that I may better carry mine  
And to help others do the same,  
As I offer up (whatever your concern or problem here) to you  
For the conversion of sinners, For the forgiveness of sins,  
In reparation for sins, And for the salvation of souls. Amen

## Prayer of St. Gertrude the Great

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the masses said throughout the world today, for all the holy souls in Purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family. Amen.

## A Prayer in Time of Need

Almighty God, the Father of mercies and God of all comfort, come to my help and deliver me from this difficulty that besets me. I believe, Lord, that all trials of life are under your care and that all things work for the good of those who love You. Take away from me fear, anxiety and distress. Help me to face and endure my difficulty with faith, courage and wisdom. Grant that this trial may bring me closer to You, for You are my rock and refuge, my comfort and hope, my delight and joy. I trust in Your love and compassion. Blessed is Your name, Father, Son and Holy Spirit, now and forever. Amen.

## Chaplet of St. Rita

The 9 beads of this chaplet are blue

**First three beads:** Our Father

**Second three beads:** Hail Mary

**Last three beads:** Glory Be



**On the medal of Saint Rita :**

O Holy St. Rita, exemplary Augustinian Sister, we honor you for your devotion to the Passion of Christ. Although your early life was filled with disappointment, frustration, and unceasing tragedy, you never lost faith and trust in God. For this you are the patroness of the impossible, and our inspiration and advocate in desperate circumstances.

## Prayer to St Rita

### Patroness of Impossible Cases

Holy Patroness of those in need, Saint Rita, you were humble, pure and patient. Your pleadings with your divine Spouse are irresistible, so please obtain for me from our risen Jesus the request I make of you: (mention your petition). Be kind to me for the greater glory of God, and I shall honor you and sing your praises forever. Glorious Saint Rita, you miraculously participated in the sorrowful passion of our Lord Jesus Christ. Obtain for me now the grace to suffer with resignation the troubles of this life, and protect me in all my needs. Amen.

## Chaplet of Divine Mercy

Said on a regular set of rosary beads

**Our Father**  
**Hail Mary**  
**Apostles' Creed**



**On the large bead before each of the five decades**

Eternal Father, I offer Thee the Body and Blood, Soul and Divinity of Thy Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

**On each small "Hail Mary" bead**

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

**After five decades, conclude by saying three times:**

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

**Optional concluding prayer**

Eternal God, in Whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Thy mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Thy holy will, which is Love and Mercy itself. Amen.

## ***Novena Intentions (say the chaplet for)***

**First Day** - all mankind, especially all sinners.

**Second Day** - the souls of priests and religious.

**Third Day** - all devout and faithful souls.

**Fourth Day** - those who do not believe in God and who do not yet know Christ.

**Fifth Day** - the souls who have separated themselves from the Church. (Jesus's original words here were "heretics and schismatics," since he spoke to Saint Faustina within the context of her times. As of the Second Vatican Council, Church authorities have seen fit not to use those designations in accordance with the explanation given in the Council's Decree on Ecumenism (n.3). Every pope since the Council has reaffirmed that usage.)

**Sixth Day** - the meek and humble souls and souls of little children.

**Seventh Day** - souls who especially venerate and glorify Christ's mercy.

**Eighth Day** - souls who are detained in Purgatory.

**Ninth Day** - souls who have become lukewarm (meaning Catholics who fail to express the full devotion of their faith e.g. by going to Mass every Sunday, going to Confession, etc.)

## Our Lady of Lourdes

(shorter novena)

Novena Dates February 2-10, Feast Day February 11

O ever Immaculate Virgin, Mother of Mercy, Health of the Sick, Refuge of Sinners, Comfort to the Afflicted, you know my wants, my troubles, my sufferings. Deign to cast upon me a look of mercy. By appearing in the Grotto of Lourdes, you were pleased to make it a privileged sanctuary, whence you dispense your favors; and already many sufferers have obtained the cure of their infirmities, both spiritual and corporal.



I come, therefore, with the most unbounded confidence to implore your maternal intercession.

Obtain, O loving Mother, the granting of my requests.

Through gratitude for favors, I will endeavor to imitate your virtues that I may one day share your glory.

Our Lady of Lourdes, pray for us. Amen.

Pray 1 Our Father, 1 Hail Mary, 1 Glory Be

## Prayer Before Meals

Bless us Oh Lord, and these thy gifts, which we are about to receive, from thy bounty, through Christ, Our Lord. Amen.

## Memorare

Remember, O gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, we turn to thee, O Virgin of virgins, our Mother. To thee we come, before thee we stand, sinful and sorrowful. O Mother of the Word Incarnate, do not despise our petitions, but in thy mercy hear and answer us. Amen.

# The Chaplet of St. Michael the Archangel

On the medal:

O God, come to my assistance.  
O Lord, make haste to help me.  
Glory be to the Father, etc.

Say one Our Father and three Hail Marys after each of the following nine salutations in honor of the nine Choirs of Angels



**1<sup>st</sup> Salutation (Ruby).** By the intercession of St. Michael and the celestial Choir of Seraphim may the Lord make me worthy to burn with the fire of perfect charity. Amen.

**2<sup>nd</sup> Salutation (Sapphire).** By the intercession of St. Michael and the celestial Choir of Cherubim may the Lord grant me the grace to leave the ways of sin and run in the paths of Christian perfection. Amen.

**3<sup>rd</sup> Salutation (Amethyst).** By the intercession of St. Michael and the celestial Choir of Thrones may the Lord infuse into my heart a true and sincere spirit of humility. Amen.

**4<sup>th</sup> Salutation (Crystal).** By the intercession of St. Michael and the celestial Choir of Dominions may the Lord give me grace to govern my senses and overcome any unruly passions. Amen.

**5<sup>th</sup> Salutation (Garnet).** By the intercession of St. Michael and the celestial Choir of Powers may the Lord protect my soul against the snares and temptations of the devil. Amen.

**6<sup>th</sup> Salutation (Aquamarine).** By the intercession of St. Michael and the celestial Choir of Virtues may the Lord preserve me from evil and falling into temptation. Amen.

**7<sup>th</sup> Salutation (Emerald).** By the intercession of St. Michael and the celestial Choir of Principalities may God fill my soul with a true spirit of obedience. Amen.

**8<sup>th</sup> Salutation (Aurora Borealis).** By the intercession of St. Michael and the celestial Choir of Archangels may the Lord give me perseverance in faith and in all good works in order that I may attain the glory of Heaven. Amen.

**9<sup>th</sup> Salutation (Topaz).** By the intercession of St. Michael and the celestial Choir of Angels may the Lord grant me to be protected by them in this mortal life and conducted in the life to come to Heaven. Amen.

Say one Our Father in honor of each of the following leading Angels: St. Michael (ruby), St. Gabriel (sapphire), St. Raphael (emerald) and our Guardian Angel (topaz).

## Concluding prayers:

Saint Michael the Archangel, defend us in battle.

Be our protection against the wickedness and snares of the devil.

May God rebuke him, we humbly pray;  
and do Thou, O Prince of the Heavenly Host,  
by the Divine Power of God,  
cast into hell, Satan and all the evil spirits,  
who roam throughout the world seeking the ruin of souls.

One Plenary Indulgence on each of the following days:

- March 24 - St. Gabriel the Archangel;
- May 8 - Apparition of St. Michael;
- September 29 - Dedication Day of St. Michael;
- October 2 - Holy Guardian Angels;
- October 24 - St. Raphael the Archangel.

The 7 Archangels		
Name	Meaning	Sacrament in their Charge
St Michael	Who is like God	Holy Eucharist
Gabriel	Stength of God	Baptism
St Raphael	Medicine of God	Penance
St. Uriel	Light of God	Confirmation
St Jehudiel	Praise of God	Extreme Unction
St Salaltiel	Prayer of God	Holy Orders
St Barachiel	Blessing of God	Matrimony

## Prayer to Saint Michael the Archangel

Saint Michael the Archangel, defend us in battle.

Be our protection against the wickedness and snares of the devil.

May God rebuke him, we humbly pray;  
and do Thou, O Prince of the Heavenly Host,  
by the Power of God,  
cast into hell, Satan and all the evil spirits,  
who prowl around the world seeking the ruin of souls.

## Novena to the Sacred Heart of Jesus

This novena prayer was recited every day by Padre Pio for all who asked for his prayers.

1. O my Jesus, You have said: "Truly I say to you, ask and it will receive, seek and you shall find, knock and it will be opened to you." Behold, I knock, I seek, and I ask for the grace of ...(here add your request).

Our Father, Hail Mary, Glory be  
Sacred Heart of Jesus, I place all my trust in You.

2. O my Jesus, You have said: "Truly I say to you, if you ask anything of the Father in My Name, He will give it to you." Behold, in Your name, I ask the Father for the grace of...(here add your request).

Our Father, Hail Mary, Glory be  
Sacred Heart of Jesus, I place all my trust in You.

3. O my Jesus, You have said: "Truly I say to you, heaven and earth will pass away, but My words will not pass away." Encouraged by Your infallible words, I now ask for the grace of...(here add your request).

Our Father, Hail Mary, Glory be  
Sacred Heart of Jesus, I place all my trust in You.

O Sacred Heart of Jesus, for whom it is impossible not to have compassion on the afflicted, have mercy on us sinners, and grant us the grace which we ask of You, through the Sorrowful and Immaculate Heart of Mary, Your tender mother and ours.

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God.  
That we may be made worthy of the promises of Christ.

St. Joseph, foster father of Jesus, pray for us.

## Chaplet of Protection

*Said using ordinary Rosary Beads*

**ON THE CRUCIFIX:** Apostles' Creed

**ON THE OUR FATHER BEADS:**

1 Our Father--1 Hail Mary--1 Glory Be  
Holy God, Holy Omnipotent One, save us  
who dwell in this land.

**ON THE GROUP OF 3 AVE MARIA  
BEADS NEAR THE CRUCIFIX**

On the first- 1 Hail Mary, in praise of God the Father  
On the second - 1 Hail Mary, in petition  
On the third - 1 Hail Mary, in thanksgiving, with confidence  
that your petition will be granted

**EACH DECADE, ON EACH OF THE 10 HAIL MARY  
BEADS**

"Jesus Savior, Merciful Savior, spare your people."

**AT THE END OF THE 5TH DECADE**

"Son of God, Eternal Son, thank You for the things You  
have done." (3 times)

Jesus attached specific promises of protection to this prayer. This prayer goes even FURTHER than storms, natural disasters, and military strife. It has a GREAT HEALING POWER attached to it, as well, in that it can mend broken marriages, and cure spiritual, physical and emotional troubles. It has "another dimension of protection, even greater than what we can understand at this time."

Of those who pray this the Chaplet of Protection Jesus said:

I will give them what they ask for.  
I will open their hearts.  
I will protect them.  
I love them all; I want them to know of My Love.  
I will give them peace, My Peace; I will open their  
souls to Me.  
Please know that I am with you.

In the context of protection against storms, natural disasters, and increasing global military tension, Jesus has asked us to URGENTLY spread this special devotion. It is NOT intended to replace the everyday Rosary of our Blessed Mother.



# Purgatory Oblation Warrior Chaplet

(POW Chaplet)

<http://www.medjugorjeusa.org/powchaplet.htm>

On the Crucifix, say the Apostles' Creed

On the first set of blue sapphire beads, say an Our Father on each of the 7 beads



On the second set of beads, say a Hail Mary on each of the 7 beads

On the third set of beads, say a Glory Be on each of the 7 beads

## Optional Ending Prayer

My Jesus, by the sorrows You suffered in the garden, in the scourging and crowning with thorns, on the way to Calvary, in Your crucifixion and death - have mercy on the souls in purgatory, especially those who are most forsaken. Deliver them from the dire torments they endure, and admit them to Your most sweet embrace in heaven.

Eternal rest grant to them, O Lord, and let perpetual light shine upon them. May they rest in peace.

I pray for the souls

1. Of all the faithful departed
2. Of my parents, siblings and relatives
3. Of my ancestors
4. who were slaves
5. Of educators who had a negative influence on my life
6. Of all religious who did not persevere in consecrated life
7. Of Popes, Bishops, all religious and diocesan clergy
8. who were disobedient and lacked respect for their superiors
9. Of Superiors who neglected to fulfill their obligations
10. Of physicians who willfully performed any kind of malpractice
11. of all the soldiers who died in battle
12. who resisted every grace for conversion in their lifetime
13. who made extreme demands of others but were very lenient with themselves
14. of those who did not give proper honor to Our Lady
15. that Our Lord and Our Lady desire to be more quickly delivered from Purgatory
16. of those who died without forgiving others
17. of those who died and did not receive forgiveness
18. of those who sinned against you in their lifetime
19. in Purgatory who suffer because of me
20. that purposefully gave into a sinful thought life
21. of those who suffer for having engaged in sinful conversations
22. For the souls of those who maintained a hedonistic

- lifestyle
23. For the souls of those who died from epidemics or famine
  24. For the souls of those who neglected to discern God's will in making decisions
  25. For the souls that suffer because of their extreme pride
  26. For the souls who were careless in serving the poor and needy
  27. For the souls of those who rarely received the Holy Sacraments
  28. For the souls of those who had or assisted in an abortion
  29. For the souls of those who abused children
  30. For the souls of those who despaired of ever being forgiven of their sins
  31. For the souls of those who were deliberately inattentive or neglectful of prayer
  32. For the souls of those who gave bad example to others
  33. For the souls of those who are about to die this very moment
  34. For the souls of those who died a disgraceful or tragic death
  35. For the souls that committed a sacrilege or showed disrespect toward holy objects
  36. For the souls that had a special devotion to the Most Holy Eucharist and those involved in spreading devotion to Divine Mercy
  37. For the souls that are most in need of God's mercy
  38. For the souls who tried to save others but in the process endangered their own soul
  39. For those who were the cause of others committing mortal sin
  40. For the souls of those who abandoned their children
  41. of parents who had the means but totally disregarded the proper catechetical and moral training of their children
  42. of those who slandered, libeled or calumniated others
  43. of those who were involved in occult practices and beliefs
  44. of those who died regretting their sins but without making adequate atonement or restitution
  45. who were deliberately unfaithful in fulfilling their marriage vows
  46. of those who discouraged religious vocations
  47. of those who died unexpectedly and did not receive the last rights of the Church nor the benefit of a funeral Mass
  48. of those who, prior to death, consciously and adamantly refused the sacraments of the Church, suffer for the sins of omission
  49. who have no one to pray for them
  - 50.

## Stations of the Cross Rosary

*May be said using ordinary Rosary beads*

### Sign of the Cross

### The Apostle's Creed

**On the large bead:** The Our Father (in honor of the Holy Trinity)

### On the three small beads:

- Hail Mary, (in honor of Her Title, Mary Ever Virgin)
- Hail Mary, (in honor of Her Title, Mother of God)
- Hail Mary, (in honor of Her Title, The Immaculate Conception)

### Glory Be

**First Decade:** Jesus is condemned to Death.

On large bead: The Our Father and Glory Be

### On the ten small beads:

Jesus, Mary and Joseph, I love you, save souls.

### After the decade:

O my Jesus, forgive us our sins, save us from the fires of Hell, lead all souls to Heaven, especially those who are in most need of Thy mercy.

Blessed be His Most Precious Blood which washes away our iniquities.

**Second Decade:** Jesus Carries His Cross.

**Third Decade:** Jesus Falls the First Time.

**Fourth Decade:** Jesus Meets His Sorrowful Mother

**Fifth Decade:** Simon Helps Jesus To Carry His Cross.

**Sixth Decade:** Veronica Wipes The Face of Jesus.

**Seventh Decade:** Jesus Falls The Second Time.

**Eighth Decade:** The Women of Jerusalem Weep Over Jesus.

**Ninth Decade:** Jesus Falls The Third Time.

**Tenth Decade:** Jesus Is Stripped Of His Garments.

**Eleventh Decade:** Jesus Is Nailed To The Cross.

**Twelve Decade:** Jesus Dies on the Cross

**Thirteenth Decade:** Jesus Is Taken Down From The Cross.

**Fourteenth Decade:** Jesus Is Laid In The Sepulchre.

### Concluding Prayers:

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God.

That we may be made worthy of the promises of Christ.

## A Prayer by St Benedict for Seekers of Faith

Gracious and Holy Father,  
give us the wisdom to discover You,  
the intelligence to understand You,  
the diligence to seek after You,  
the patience to wait for You,  
eyes to behold You,  
a heart to meditate upon You,  
and a life to proclaim You,  
through the power of the Spirit of Jesus, our Lord.

# The Chaplet of The Way of the Cross

Franciscans have had a particular devotion to the Way of the Cross for a very long time. This chaplet is a way of meditating on the Way of the Cross. This particular chaplet has 15 groups of 3 beads each. One group represents each stop along the Way of the Cross.



## Sign of the Cross

On the Crucifix:  
Apostles Creed

After each station prayer, say: We adore You, O Christ, and we bless You, because by Your Holy Cross You have redeemed the world.

On the 3 small beads: Our Father, Hail Mary, Glory Be

### Station 1: Jesus is condemned to Death.

O Jesus, help me to appreciate Your sanctifying grace more and more

### Station 2: Jesus is made to bear His Cross.

O Jesus, You chose to die for me. Help me to love You always with all my heart.

### Station 3: Jesus Falls the First Time.

O Jesus, make me strong to conquer my wicked passions, and to rise quickly from sin.

### Station 4: Jesus is met by His Blessed Mother.

O Jesus, grant me a tender love for Your Mother, who offered You for love or me.

### Station 5: Jesus is helped by Simon of Cyrene.

O Jesus, like Simon, lead me ever closer to You through my daily crosses and trials

### Station 6: Veronica wipes the face of Jesus.

O Jesus, imprint Your image on my heart that I may be faithful to You all my life

### Station 7: Jesus falls the second time.

O Jesus, I repent for having offended You. Grant me forgiveness of all my sins.

### Station 8: Jesus speaks to the women of Jerusalem.

O Jesus, grant me tears of compassion for Your sufferings and of sorrow for my sins.

### Station 9: Jesus falls the third time.

O Jesus, let me never yield to despair. Let me come to You in hardship and spiritual distress.

### Station 10: Jesus is stripped of his garments.

O Jesus, let me sacrifice all my attachments rather than imperil the divine life of my soul.

### Station 11: Jesus is nailed to the cross.

O Jesus, strengthen my faith and increase my love for You. Help me to accept my crosses.

### Station 12: Jesus dies on the cross.

O Jesus, I thank You for making me a child of God. Help me to forgive others.

### Station 13: Jesus is taken down from the cross.

O Jesus, through the intercession of Your holy Mother, let me be pleasing to You.

### Station 14: Jesus is laid in the Sepulchre.

O Jesus, strengthen my will to live for You on earth and bring me to eternal bliss in Heaven.

### Conclusion:

5 Our Fathers, 5 Hail Marys, and 5 Glory Be's in honor of the 5 wounds of Christ.

### On the 3 beads leading to the Crucifix:

Jesus! For Thee I live.

Jesus! For Thee I die.

Jesus! I am Thine in life and death.



## 7 Joys of Mary/Franciscan Crown

<http://www.ixeh.net/faith/Seven-J/sj-00.html>

**HISTORY:** The Franciscan Crown (or Seraphic Rosary) is a rosary consisting of seven decades in commemoration of the Seven Joys of the Virgin. The use of this rosary was begun in the Order of St. Francis in 1422. The Franciscan Rosary of the Seven Joys of the Blessed Virgin Mary is composed of seven decades of 1 Our Father and 10 Hail Marys each.



**BEADS:** Like the Holy Rosary, the Seven Joys is a "bead-prayer." Franciscan Crown beads are designed to keep count of the prayers. They are not required to perform the devotion, however. There are 76 beads in the circlet, which is connected to a medal, plus a pendant string of five more beads, ending with a crucifix and a second medal depicting St. Francis of Assisi. The circlet contains seven sets of ten "Hail Mary" beads, and one "Our Father" bead between each set--with one exception. The Our Father bead for the First Joy is located on the pendant string, closest to the connecting medal.

**PRAYERS:** Pray one "Our Father" and ten "Hail Marys" for each of the Seven Joys. The final prayers are: two more "Hail Marys", making a total of 72; then one "Our Father" and one "Hail Mary" for the intentions of the Pope. The number "72" is significant. It honors the tradition that Mary's earthly life lasted 72 years. Devotional manuals sometimes add other prayers, but these are optional.

**To pray the Seven Joys using beads:** Start with the Our Father bead closest to the connecting medal. Follow the beads around the circlet until you return to the connecting medal. Then, continuing with the pendant string, skip the first bead (which you already used to start the devotion), and pray the final four prayers on the four remaining beads. This will bring you to the crucifix.

Sign of the Cross: In the name of the Father and of the Son and of the Holy Spirit. Amen

**After each mystery,** pray one Our Father and ten Hail Marys

**1. The Annunciation of the angel Gabriel of Mary.** (Luke 1: 26-33; 38)

**2. The Visitation of Mary to her cousin Elizabeth.** (Luke 1:39-45)

**3. The Nativity of our Lord Jesus.** (Luke 2:1-7 or 2:6-12)

**4. The Adoration of the Magi/Epiphany.** (Matthew 2:1-2 & 9-11)

**5. The Presentation of Jesus in the Temple.** (Luke 2:22-23 & 25-32)

**6. The Resurrection of our Lord Jesus.** (Mark 16:1-7, Luke 24:36-41, John 20:19-22)

**7. The Assumption & Coronation of Mary** {Luke 1:46-55, Psalm 45 (44):11-14, Rev.12:1;5-6}

It is customary, after the seventh mystery, to pray two Hail Marys to bring the total number to 72 in honor of the tradition that the Virgin lived for 72 years on earth.

**Prayer for the Pope:** 1 Our Father, 1 Hail Mary, and 1 Glory Be for the intentions of the Pope.

## Prayer to Our Lady for Healing

Our Lady, Health of the Sick, I look to you for the comfort of a mother love. I pray to you on behalf of those who are suffering and for my own healing needs.

Mary, your love strengthens me and brings me peace.

Our Lady, Health of the Sick, embrace all who are emotionally and physically ill that they may return to good health under your tender care. And please intercede for my very special needs (state your needs/intentions).

Mary, your motherly love strengthens me and brings me peace. Amen.

## 7 Sorrows of Mary

<http://www.themostholyroary.com/appendix1.htm>

<http://www.viarosa.com/VR/Sorrows/OurLadysSorrows.html>

<http://www.ixeh.net/faith/Seven-S/ss-00.html>

The rosary beads are grouped into seven beads of seven with a total of forty nine beads with three additional beads and a Crucifix. Each group of seven begins with One Our Father, and seven Hail Mary, where we honor and learn to imitate the life of our Lady and her virtues.



7 Joys of Mary, Franciscan Crown Rosary

The Sign of the Cross: In the name of the Father of the Son and of the Holy Spirit. Amen

Three Hail Marys

(in remembrance of the tears that our Mother shed because of the suffering of her Divine Son and plead for repentance for the sins committed.)

### An Act of Contrition

O Lord, Jesus Christ, I am truly sorry for my sins. I humbly ask Your forgiveness, and I promise with Your help to prove worthy of Your love by sharing in Your Passion and death through Our Blessed Mother's sorrows. Amen.

**After each mystery**, pray one Our Father and ten Hail Marys

**1. The Prophecy of Simeon over the Infant Jesus.** (Luke 2:34)

**2. The Flight into Egypt of the Holy Family.** (Matthew 2:13)

**3. The Loss of the Child Jesus for Three Days.** (Luke 2:43)

**4. The Meeting of Jesus and Mary along the Way of the Cross.** (Luke 23:26)

**5. The Crucifixion, where Mary stands at the foot of the cross.** (John 19:25)

**6. The Descent from the Cross, where Mary receives the dead body of Jesus in her arms.** (Matthew 27:57)

**7. The Burial of Jesus.** (John 19:40)

### Concluding prayers

Pray for us, O most sorrowful Virgin.

That we may be made worthy of the promises of Christ.

Let us Pray Lord Jesus, we now implore, both for the present and for the hour of our death, the intercession of the most Blessed Virgin Mary, Thy Mother, whose holy soul was pierced at the time of Thy passion by a sword of grief. Grant us this favor, O Savior of the world, Who livest and

reignest with the Father and the Holy Spirit forever and ever. Amen

## Rosary of the Holy Wounds

This devotion to the Holy Wounds was revealed by Our Lord to Sr. Mary Martha Chambon (1841-1907), of the Monastery of the Visitation of Chambéry. The Rosary of the Holy Wounds consists of three prayers that are said on specific portions of regular rosary beads as follows:



**Step 1** - The following prayers are said on the crucifix and first four beads:

*O JESUS, Divine Redeemer, be merciful to us and to the whole world. Amen.*

*Strong God, Holy God, Immortal God, have mercy on us and on the whole world. Amen*

*Grace and Mercy, O my Jesus, during present dangers; cover us with Your Precious Blood. Amen.*

*ETERNAL Father, grant us mercy through the Blood of Jesus Christ, Your only Son; grant us mercy we beseech You. Amen, Amen, Amen.*

**Step 2** - The following prayer is said on the Our Father beads of the rosary chain:

*Eternal Father, I offer You the Wounds of Our Lord, Jesus Christ, to heal the wounds of our souls.*

**Step 3** - The following prayer is said on the small beads of the rosary chain:

*My Jesus, pardon and mercy, through the merits of Your Holy Wounds.*

# Chaplet of the Five Wounds

<http://cpprovince.org/archives/thepassionist/chaplet-5wounds.php>

The Chaplet of the Five Wounds was first approved by a Decree of Pope Pius VII, dated January 22, 1822. According to this earliest form, the Beads consisted of five sections with each section consisting of five beads, on each of which was said an Our Father, Hail Mary and Glory be to the Father. Between each of the five sections, one Hail Mary was said in honor of Our Lady of Sorrows.



From the "The Passionist Mission-Book" - 1912

## On the Medal:

V. Incline to my aid, O God.  
R. O Lord, make haste to help me.  
V. Glory be...  
R. As it was...

Holy Mother pierce me through, in my heart each wound renew, of my Savior crucified.

## First Wound - The Left Foot:

My crucified Jesus, I devoutly adore the painful wound of Your left foot. Ah, by the pain which You did feel therein, and by the blood which You did shed from that foot, grant me grace to fly the occasion of sin, and not to walk in the way of perdition.

## After each prayer:

Glory be to the Father on each bead  
Hail Mary  
Holy Mother pierce me through, in my heart each wound renew, of my Savior crucified.

## Second Wound - The Right Foot:

My crucified Jesus, I devoutly adore the painful wound of Your right foot. Ah, by the pain which You did feel therein, and by the blood which You did shed from that foot, grant me grace to walk constantly in the way of Christian virtue, even to the entrance of paradise.

## Third Wound - The Left Hand:

My crucified Jesus, I devoutly adore the painful wound of Your left hand. Ah, by the pain which You did feel therein, and by the blood which You did shed from that hand, deliver me from being found at Thy left hand with the reprobate at the last judgment.

## Fourth Wound - The Right Hand:

My crucified Jesus, I devoutly adore the painful wound of Your right hand. Ah, by the pain which You did feel therein, and by the blood which You did shed from that hand, bless my soul and conduct it to Thy kingdom.

## Fifth Wound - The Side:

My crucified Jesus, I devoutly adore the painful wound of Your sacred side. Ah, by the pain which You did shed from it, enkindle in my heart the fire of Your love, and give me grace to persevere in loving Thee to all eternity.

## Concluding Prayer:

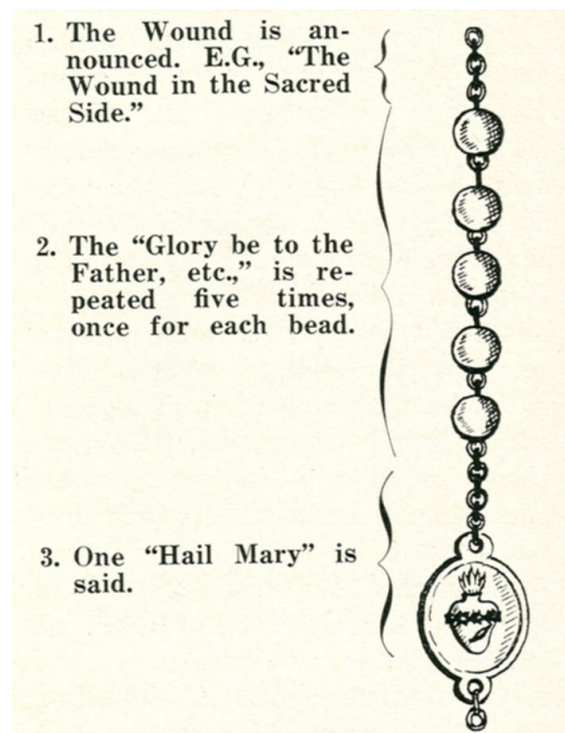
O afflicted Mother, O virginal heart, all buried in the wounds to thy Son, accept this short memorial of His pains in union with your grief. Present to Jesus this act of homage, and render my prayer available by thine intercession.

**Conclude with:** Three Hail Marys

## Shorter Version

On each bead one Glory be to the Father is said, and between the sections one Hail Mary in honor of the Sorrowful Virgin. During each of the sections the Wounds of Our Lord Jesus Christ are piously meditated upon

Wound of the Right Foot  
Wound of the Left Foot  
Wound of the Right Hand  
Wound of the Left Hand  
Wound of the Side



## Fatima Chaplet

<http://campus.udayton.edu/mary/resources/chaplet.html>

**Step 1:** Begin with the SIGN of the CROSS.  
pray The Sacrifice Prayer:  
*Oh Jesus, it is for love of You, for the conversion of sinners, and in reparation for the sins committed against the Immaculate Heart of Mary that I pray (intentions).*



**Step 2:** On the next large bead The Pardon Prayer:  
*My God, I believe, I adore, I trust and I love You! I beg pardon for all those that do not believe, do not adore, do not trust and do not love You.*

**Step 3:** On the first small bead The Eucharistic Adoration Prayer:  
*Oh Most Holy Trinity, I adore You! My God, my God, I love You in the Most Blessed Sacrament!*

**Step 4:** On the second small bead The Conversion Prayer:  
*By your pure and Immaculate Conception, oh Mary, obtain the conversion of Russia, Spain, Portugal, Europe and the entire world.*

**Step 5:** On the third small bead The Salvation Prayer:  
*Sweet Heart of Mary, be the salvation of Russia, Spain, Portugal, Europe and the entire world .*

**Step 6:** On the next large bead The Pardon Prayer:  
*My God, I believe, I adore, I trust and I love You! I beg pardon for all those that do not believe, do not adore, do not trust and do not love You.*

**Step 7:** On each of the next ten small beads The Eucharistic Adoration Prayer:  
*Oh Most Holy Trinity, I adore You! My God, my God, I love You in the Most Blessed Sacrament!*

**Step 8:** On the chain link pray The Decade Prayer:  
*Oh my Jesus, forgive us our sins, save us from the fires of hell. Lead all souls to Heaven, and help especially those most in need of Thy Mercy.*

**Step 9:** On the clasp pray The Angel's Prayer:  
*Oh Most Holy Trinity, Father, Son and Holy Spirit, I adore You profoundly. I offer You the most precious Body, Blood, Soul and Divinity of Jesus Christ present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifferences by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners. Amen.*

## Chaplet of the Immaculate Heart of Mary

*Said with an ordinary rosary*

The Sign of the Cross is made five times in veneration of the Savior's five Holy Wounds.

**On the large beads say:** Sorrowful and Immaculate Heart of Mary, Pray for those who seek refuge in you.

**On the small beads, say:** Holy Mother, save us through your Immaculate Heart's flame of love.

**Concluding Prayer:** Say the Glory Be 3 times.



## Chaplet of the Sacred Heart of Mary

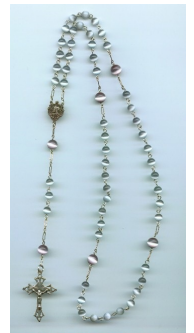
**On the cross pray:** Soul of Christ, sanctify me ...

**On the large beads:** O sweetest Heart of Jesus, I implore that I may ever love Thee more and more.

**On the small beads:** Sweet Heart of Jesus, be my love.

**At the end of each decade:** Sweet Heart of Mary, be my salvation.

**Concluding Prayer:** May the Heart of Jesus in the most blessed Sacrament be praised and adored and loved with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time.



## Chaplet of Our Lady of Czestochowa

This Chaplet has a Crucifix, 1 set of 9 beads and a Medal of Our Lady of Czestochowa. Example: Cross + 9 + Medal.

### On the set of 9 beads say:

3 Our Father  
3 Hail Marys  
3 Glory Be's

O Almighty and merciful God! You gave the Polish Nation a wondrous help and defense in the most holy Virgin Mary and You honored Her sacred image at Jasna Gora with remarkable veneration of the faithful. Grant in Your mercy that, under Her protection, we may struggle confidently throughout our lives and at the moment of death be victorious over our enemy. We ask this through Christ our Lord. Amen.

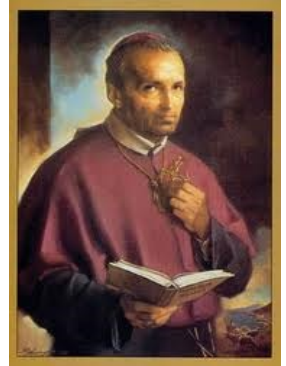
Lady of Jasna Gora, our Mother, Queen of the Polish Nation! Trusting in Your maternal goodness and powerful intercession with Your Son, we place before You our humble prayers and petitions. To You we commend all our needs, in particular....and all children of the Polish Nation whether in their native land or elsewhere in the world.



## Novena to St Alphonsus

The Arthritis Saint

Glorious Saint Alphonsus, Bishop, Confessor, and Doctor of the Church, devoted servant of our Lord and loving child of Mary, I invoke you as a saint in heaven. I give myself to you that you may always be my father, my protector, and my guide in the way of holiness and salvation. Aid me in observing the duties of my state of life. Obtain for me great purity of heart and a fervent love of the interior life after your own example.



Great lover of the Blessed Sacrament and the Passion of Jesus Christ, teach me to love Holy Mass and Holy Communion as the source of all grace and holiness, and to receive this Sacrament as often as I can. Give me a tender devotion to the Passion of my Crucified Redeemer.

Promoter of the truth of Christ in your preaching and writing, give me a greater knowledge and appreciation of the divine truths.

Gentle father of the poor and sinners help me to imitate your charity toward my fellow men in word and deed.

Consoler of the suffering, help me to bear my daily cross patiently in imitation of your own patience in your long illness and to resign myself to the will of God

Good Shepherd of the flock of Christ, obtain for me the grace of being a true child of Holy Mother Church.

Saint Alphonsus, I humbly implore your powerful intercession for obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare. I recommend to you in particular this favor. . . (*Mention your request*).

I have great confidence in your prayers. I earnestly trust that if it is God's holy will, my petition will be granted through your intercession for me at the throne of God.

Saint Alphonsus, pray for me and for those I love, I beg of you, by your love for Jesus and Mary, do not abandon us in our needs. May we experience the peace and joy of your holy death. Amen.

In thanksgiving to God for the graces bestowed on Saint Alphonsus:

Our Father, Hail Mary, Glory be.  
(3 times).

## Chaplet of the Sacred Heart of Jesus - Version 1

<http://nsshph.blogspot.com/2008/07/chaplet-of-sacred-heart.htm>

Use the regular 59 beads Marian Rosary for this Chaplet.

### On the Crucifix:

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me. Water from the side of Christ, wash me! Passion of Christ, strengthen me! O good Jesus, hear me. Within Your wounds, hide me. Permit me not be separated from You. From the malignant enemy, defend me. At the hour of death, call me and bid me come to You; that with Your Saints, I may praise You forever and ever. Amen.

### On each of the large beads say:

Sacred Heart of Jesus, I implore that I may ever love You more and more. (say this once)

### On each of the small beads say:

Sacred Heart of Jesus, I trust in You! (say this 10x)

### At the end of each set of small beads say:

Sacred Heart of Jesus be my salvation! (say this once)

### At the end of each decade:

Mary, Mother of God, be my love.

### At the conclusion say:

May the Heart of Jesus in the Most Blessed Sacrament be blessed, adored and loved with grateful affection at every moment, in all the tabernacles of the world, even to the end of time. Amen.



## Chaplet of the Sacred Heart of Jesus - Version 2

<http://www.catholicdoors.com/prayers/chaplets/chap24.htm>

This devotion to the Sacred Heart is prayed on the regular Marian Rosary of 59 beads.

### On the Crucifix:

Angel of God, my guardian dear,

To whom God's love commits me here,

Ever this day be at my side,

To light and guard, to rule and guide."

### On the first bead (normally the "Our Father"), say:

O Eternal Father, I offer Thee the Blood, Passion and death of Our Lord Jesus Christ and the sorrows of Our Blessed Lady and St. Joseph in reparation for my sins, in suffrage for the souls in Purgatory, for the wants of our Holy Church, and for the conversion of sinners."

### On the three beads (normally the "Hail Marys"), say:

My God, I believe in Thee. My God, I hope in Thee.

My God, I love Thee with my whole heart, and for Thy sake I love my neighbor as myself."

### On the Our Father beads:

Jesus, meek and humble of heart, make my heart like unto Thine. O Mary, conceived without sin, pray for me."

### On the Hail Mary beads:

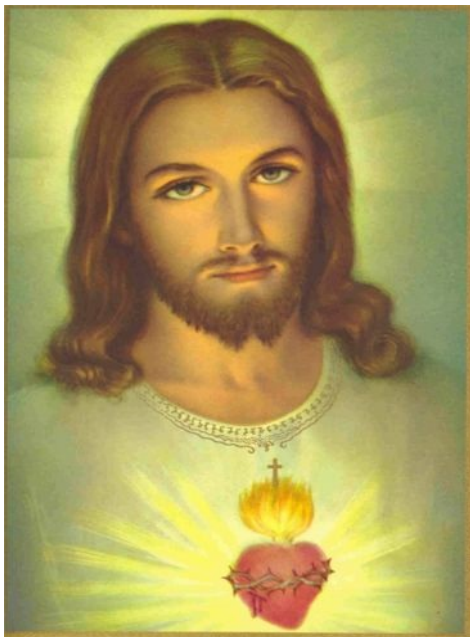
Sweetest Heart of Jesus, I implore, that I may love Thee more and more. Sweet Heart of Mary, be thou my salvation.

### When you have concluded, say:

Jesus, Mary, and Joseph, I give you my heart and soul.

Jesus, Mary, and Joseph, assist me now and in my last agony.

Jesus, Mary, and Joseph, may I breathe forth my soul in peace with you.



## Chaplet of St Joseph - Short Version

The Chaplet of Saint Joseph is prayed for family protection. In today's society, Satan is making every attempt, first of all and foremost, to destroy the family. As is well known, many marriages end up in divorce. But all that can change by the intercession of the adoptive father of Jesus through our praying of the Chaplet of Saint Joseph.



**On the large beads:** St. Joseph guardian of the Holy Family, bless our families.

**On the small beads:** St. Joseph pray for us.

### Concluding prayer:

Jesus, Mary and Joseph I give You my heart and my soul.  
Jesus, Mary and Joseph assist me now and in my last agony.

Jesus, Mary and Joseph may I breathe forth my soul in peace with You. Amen.

## Chaplet of St Joseph - Long Version

This chaplet is comprised of fifteen groups of four beads, consisting of one white and three purple beads. The white bead symbolizes St. Joseph's purity, and the purple beads his saintly piety.

On each of the white beads, consider a mystery of the Rosary, and say, two times: Hail Mary

**On the purple beads say:** Praised and blessed be Jesus, Mary, and Joseph!



**Closing prayer:** Pray for us, O holy St. Joseph! That we may be worthy of the promises of Christ!

Let us pray: O, God, Who had predestined St. Joseph for all eternity for the service of Thy Eternal Son and His Blessed Mother, and made him worthy to be the spouse of the Blessed Virgin and the foster father of Thy Son, we beseech Thee, through all the services he has rendered to Jesus and Mary on earth, that Thou would make us worthy of his intercession and grant us to enjoy the happiness of his company in heaven. Through Christ our Lord. Amen

## Daily Prayer to St. Joseph

O my beloved Saint Joseph, adopt me as your child and take charge of my salvation. Watch over me day and night and preserve me from all occasions of sin. Obtain for me purity of body and soul, and the spirit of prayer, through your intercession with Jesus.

Grant me a spirit of sacrifice, humility, and self denial. Obtain for me a burning love for Jesus in the Blessed Sacrament, and a tender love for Mary, my Mother.

Saint Joseph, be with me in life, be with me in death, and obtain for me a favorable judgement from Jesus, my merciful Savior.

## PRAYER TO ST. JOSEPH

over 1900 years old

O St. Joseph, whose protection is so great, so strong, so prompt before the Throne of God, I place in you all my interests and desires.

O St. Joseph, do assist me by your powerful intercession and obtain for me from your Divine Son all spiritual blessings through Jesus Christ, Our Lord; so that, having engaged here below your Heavenly power, I may offer my thanksgiving and homage to the most loving of fathers.

O St. Joseph, I never weary contemplating you and Jesus asleep in your arms. I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine Head for me, and ask Him to return the Kiss when I draw my dying breath. St. Joseph, Patron of departing souls, pray for us. Amen.

Say for nine consecutive mornings for anything you may desire. It has seldom been known to fail.

## Act of Contrition

O my God, I am heartily sorry for having offended thee and I detest all my sins, because I dread the loss of heaven and the pains of hell, but most of all because they offend thee, my God, who are all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life.

## Chaplet of St. Anthony

This Chaplet has a medal of St. Anthony and the Child Jesus, followed by 13 sets of 3 beads each. Each set of three beads represents:

**1st bead:** Our Father

**2nd bead:** Hail Mary

**3rd bead:** Glory Be

At the end of the 13 sets of 3 beads, you say the Miraculous Repository by Saint Bonaventure



If miracles thou fain would see, Lo, error, death, calamity.

The leprous stain, the demon flies, From beds of pain the sick arise.

(The hungry seas forego their prey, The prisoner's cruel chains give way; While palsied limbs and chattels lost Both young and old recovered boast.)

And perils perish, plenty's hoard, Is heaped on hunger's famished board; Let those relate who know it well, Let Padua on her patron tell.

(The hungry seas forego their prey, The prisoner's cruel chains give way; While palsied limbs and chattels lost Both young and old recovered boast.)

Glory Be....

(The hungry seas forego their prey, The prisoner's cruel chains give way; While palsied limbs and chattels lost Both young and old recovered boast.)

V - Pray for us, blessed Anthony;

R - That we may be made worthy of the promises of Christ.

Let us pray.

O God, let the votive commendation of Blessed Anthony, Thy Confessor, be a source of joy to Thy Church, that she may always be fortified with spiritual assistance, and may deserve to possess eternal joy. Through Christ our Lord. Amen.

During each of the 13 sets of 3 beads, you meditate on the following themes:

1. St. Anthony, who raised the dead, pray for those Christians now in their agony, and for our dear departed.

2. St. Anthony, zealous preacher of the Gospel, fortify us against the errors of the enemies of God, and pray for the Holy Father and the Church.

3. St. Anthony, powerful with the Heart of Jesus, preserve us from the calamities which threaten us on account of our

sins.

4. St. Anthony, who drivest away devils, make us triumph over their snares.

5. St. Anthony, lily of heavenly purity, purify us from the stains of the soul and preserve our bodies from all dangers.

6. St. Anthony, healer of the sick, cure our diseases and preserve us in health.

7. St. Anthony, guide of travelers, bring to safe harbor those who are in danger of perishing and calm the troubled waves of passion which agitate our souls.

8. St. Anthony, liberator of captives, deliver us from the captivity of evil.

9. St. Anthony, who restores to young and old the use of their limbs, obtain for us the perfect use of the senses of our body and the faculties of our soul.

10. St. Anthony, finder of lost things, help us to find all that we have lost in the spiritual and temporal order.

11. St. Anthony, protected by Mary, avert the dangers which threaten our body and our soul.

12. St. Anthony, helper of the poor, help us in our needs and give bread and work to those who ask.

13. St. Anthony, we thankfully proclaim thy miraculous power, and we beseech thee to protect us all the days of our life. Amen

## Prayer to St Anthony

O Good and gentle Saint Anthony, your love of God and concern for His creatures made you worthy while on earth to possess miraculous powers. Miracle waited on your word, which you were always ready to request for those in trouble or anxiety. Encouraged by this thought, I implore you to obtain for me

( Here mention your request )

The answer to my prayer may require a miracle. Even so, you are the Saint of Miracles. Gentle and Loving St. Anthony, whose heart is ever full of human sympathy, take my petition to the Infant Savior for Whom you have such a great love, and the gratitude of my heart will ever be yours. Amen



## Medal of St Benedict

*never be my guide!*

**Front**



**Back**



On the face of the medal is the image of Saint Benedict. In his right hand he holds the cross, the Christian's symbol of salvation. The cross reminds us of the zealous work of evangelizing and civilizing England and Europe carried out mainly by the Benedictine monks and nuns, especially for the sixth to the ninth/tenth centuries.

In St. Benedict's left hand is his Rule for Monasteries that could well be summed up in the words of the Prolog exhorting us to "walk in God's ways, with the Gospel as our guide."

On a pedestal to the right of St. Benedict is the poisoned cup, shattered when he made the sign of the cross over it. On a pedestal to the left is a raven about to carry away a loaf of poisoned bread that a jealous enemy had sent to St. Benedict.

Above the cup and the raven are the Latin words: *Crux s. patris Benedicti* (The Cross of our holy father Benedict). On the margin of the medal, encircling the figure of Benedict, are the Latin words:

*Eius in obitu nostro praesentia muniamur!*

*May we be strengthened by his presence in the hour of our death!*

Benedictines have always regarded St. Benedict as a special patron of a happy death. He himself died in the chapel at Montecassino while standing with his arms raised up to heaven, supported by the brothers of the monastery, shortly after St. Benedict had received Holy Communion

Below Benedict we read: *ex SM Casino MDCCCLXXX* (from holy Monte Cassino, 1880). This is the medal struck to commemorate the 1400th anniversary of the birth of Saint Benedict.

### Reverse Side of the Medal

*Crux mihi lux*

On the back of the medal, the cross is dominant. On the arms of the cross are the initial letters of a rhythmic Latin prayer:

*Crux sacra sit mihi lux! Nunquam draco sit mihi dux!*

*May the holy cross be my light! May the dragon*

In the angles of the cross, the letters C S P B stand for *Crux Sancti Patris Benedicti* (The cross of our holy father Benedict).

Above the cross is the word *pax* (peace), that has been a Benedictine motto for centuries. Around the margin of the back of the medal, the letters V R S N S M V - S M Q L I V B are the initial letters, as mentioned above, of a Latin prayer of exorcism against Satan:

*Vade retro Satana! Nunquam suade mihi vana!  
Sunt mala quae libas. Ipse venena bibas!*

*Begone Satan! Never tempt me with your vanities!  
What you offer me is evil. Drink the poison yourself!*

### Use of the Medal

There is no special way prescribed for carrying or wearing the Medal of St. Benedict. It can be worn on a chain around the neck, attached to one's rosary, kept in one's pocket or purse, or placed in one's car or home. The medal is often put into the foundations of houses and building, on the walls of barns and sheds, or in one's place of business.

The purpose of using the medal in any of the above ways is to call down God's blessing and protection upon us, wherever we are, and upon our homes and possessions, especially through the intercession of St. Benedict. By the conscious and devout use of the medal, it becomes, as it were, a constant silent prayer and reminder to us of our dignity as followers of Christ.

The medal is a prayer of exorcism against Satan, a prayer for strength in time of temptation, a prayer for peace among ourselves and among the nations of the world, a prayer that the Cross of Christ be our light and guide, a prayer of firm rejection of all that is evil, a prayer of petition that we may with Christian courage "walk in God's ways, with the Gospel as our guide," as St. Benedict urges us.

The Medal of St. Benedict can serve as a constant reminder of the need for us to take up our cross daily and "follow the true King, Christ our Lord," and thus learn "to share in his heavenly kingdom," as St. Benedict urges us in the Prolog of his Rule.

# Chaplet of the St Kateri Tekakwitha

(Also known as: the Kateri Indian Rosary)

<http://www.marysprayersrosaries.com/kateri.asp>

This Chaplet has 24 beads, representing one year of Blessed Kateri's holy life. There are 8 brown beads (the color of the earth), 8 red beads (the color of blood), and 8 crystal beads (clear like water).



On each brown bead, say the "Our Father".  
On each red bead, say the "Hail Mary".  
On each crystal bead, say the "Glory be".

## Novena Prayer to St Kateri

Kateri, favored child and Lily of the Mohawks, I come to seek your intercession in my present need: (here mention it).

I admire the virtues which adorned your soul: love of God and neighbor, humility, obedience, patience, purity and the spirit of sacrifice. Help me to imitate your example in my state of life. Through the goodness and mercy of God, Who has blessed you with so many graces which led you to the true faith and to a high degree of holiness, pray to God for me and help me.

Obtain for me a very fervent devotion to the Holy Eucharist so that I may love Holy Mass as you did and receive Holy Communion as often as I can. Teach me also to be devoted to my crucified Savior as you were, that I may cheerfully bear my daily crosses for love of Him Who suffered so much for love of me. Most of all I beg you to pray for me that I may avoid sin, lead a holy life and save my soul. AMEN

In Thanksgiving to God for the graces bestowed upon Kateri:

One Our Father, One Hail Mary, Three Glory Be's  
Kateri, Lily of the Mohawks, pray for me.

## Links to Websites with Prayers

Chaplets & Rosaries	<a href="http://www.catholicdoors.com/prayers/chaplets.htm">http://www.catholicdoors.com/prayers/chaplets.htm</a> <a href="http://campus.udayton.edu/mary/resources/chaplet.html">http://campus.udayton.edu/mary/resources/chaplet.html</a> <a href="http://www.2heartsnetwork.org/chaplets.htm">http://www.2heartsnetwork.org/chaplets.htm</a> <a href="http://www.theholyrosey.org/maryundoerknots">http://www.theholyrosey.org/maryundoerknots</a>
Novenas	<a href="http://www.catholicdoors.com/prayers/novena.htm">http://www.catholicdoors.com/prayers/novena.htm</a>
Prayers to Saints	<a href="http://www.catholicdoors.com/prayers/saints.htm">http://www.catholicdoors.com/prayers/saints.htm</a>
Litanies	<a href="http://www.catholicdoors.com/prayers/litanies.htm">http://www.catholicdoors.com/prayers/litanies.htm</a>
Marian Prayers	<a href="http://www.catholicdoors.com/prayers/marian.htm">http://www.catholicdoors.com/prayers/marian.htm</a> <a href="http://www.2heartsnetwork.org/Marian.htm">http://www.2heartsnetwork.org/Marian.htm</a>
Prayers	<a href="http://www.iipg.org/pieta.htm">http://www.iipg.org/pieta.htm</a> <a href="http://www.ewtn.com/Devotionals/prayers/index.asp">http://www.ewtn.com/Devotionals/prayers/index.asp</a> <a href="http://www.ourcatholicprayers.com/">http://www.ourcatholicprayers.com/</a>
Divine Office	<a href="http://divineoffice.org/">http://divineoffice.org/</a>
Angels & Saints	<a href="http://www.cin.org/saintlink.html">http://www.cin.org/saintlink.html</a> <a href="http://www.catholic.org/saints/">http://www.catholic.org/saints/</a> <a href="http://saints.sqpn.com/">http://saints.sqpn.com/</a> <a href="http://www.catholic.org/prayers/prayer.php?s=41">http://www.catholic.org/prayers/prayer.php?s=41</a>